What is Coronary Artery Disease?
Coronary artery disease, also known as atherosclerosis, occurs when the arteries that carry blood and oxygen to the heart become clogged with plaque. The plaque build-up slows the flow of blood to the heart muscle causing ischemia and increasing the chance of fatal and non-fatal heart failure.

Who is At Risk?
People with three or more of these factors may be at increased risk of heart disease. A medical examination, such as coronary artery calcification assessment should be scheduled to detect the presence of coronary artery disease.

Risk Factors
- High blood pressure
- Diabetes
- High cholesterol
- Family history of heart disease
- Smoking
- Sedentary lifestyle
- Overweight by 20% or more
- High stress lifestyle
- Men over 45-years-old and women over 55-years-old

Healthy Heart Scan (Cardiac Scoring)
CT cardiac scoring is the best noninvasive test for quantifying coronary artery calcium content.

The Healthy Heart Scan begins with a fast, convenient and painless computed
We will be setting up a machine that makes a CAT scan of your heart to see if there are any signs of blockages.

This machine is called a CT scanner. It uses a computer to create a picture of your heart. The machine makes a series of X-rays that the computer combines to make a detailed picture of your heart.

To schedule an appointment, call Central Scheduling at 798-5723. A physician’s order is required, and if necessary, proper insurance notification.